

10 September 2020

Dear Parent/Carer and Student

I thought it most helpful to write to you all as today we have had a confirmed case of COVID-19 in our school community. The student who has tested positive is, thankfully, not very poorly.

We are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

In line with required protocol, I have liaised with the Local Health Protection Team and a risk assessment has been undertaken. As a consequence of this, a small number of students in Year 11 are being required to work at home for a period of 14 days. We are clearly advised by the medical experts that there is no necessity for any other students to be away from school at this time. The purpose of organising our school day as we have, and for having students in discrete year group 'bubbles' is to ensure that, should there be a case of COVID-19, then only those in close contact would need to stay at home. The school therefore remains open and providing your child remains well they can continue to attend school as normal. We will keep this under review.

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

#### Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

#### Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Please do not hesitate to be in contact if you have any queries or concerns you would like to discuss.

Yours sincerely



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