

Beechwood School Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Option 1	Beef Penne Pasta Bolognese	Turkey Al A King, Rice	Roast Chicken, Gravy & Roast potatoes	Beef Meatballs in a Tomato Sauce & Pasta	Fish Fingers, Chips
Option 2	Cheese & potatoes Pie	Veggie Chilli with Rice	Vegetable Chow Mein	Wholemeal Roasted Vegetable Tart & NEW POTATOES	Quorn Burger & Chips
Option 3	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw
Vegetable	Peas & Carrots	Broccoli & Sweet corn	Cauliflower, Peas	Green Beans & Carrots	Peas & Baked Beans
Dessert	Iced Vanilla Sponge	50/50 Pear Sponge & Custard	Lemmon Muffin	50/50 Peach Sponge & Custard	Oat Dream Cookie
Week 2					
Option 1	Pork Sausages & Mash	Lamb Burger (Home Made) Wedges	Roast Pork, gravy Roast Potatoes	Cottage Pie (Beef)	Breaded Fish
Option 2	Cheese & Tomato Penne Pasta	Vegetable Lasagne & Salad	Quorn & Vegetable Fajitas & salad	WHOLEMEAL Cheese & Onion Quiche - WEDGES (NO OIL)	Macaroni Cheese
Option 3	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Salmon Mayonnaise or Coleslaw
Vegetable	Green Bean & Cabbage	Vegetable Medley	Broccoli, Carrots	Cauliflower & Spinach	Pease & Baked Bean
Dessert	50/50 Pear & Berry Sponge	Upside Down Syrup Sponge Cake & Custard	Carrot Cake	Chocolate Angel Delight	50/50 Pineapple Upside Down & Custard
Week 3					
Option 1	Beef Lasagne & House Salad	Jamaican Jerk Chicken & Rice	Roast Chicken, gravy Roast potatoes	Lamb Burger & Wedges	Fish fingers, Chips
Option 2	Roast Vegetable Turnover & Wedges	Macaroni Cheese	Vegetable & Bean Ragù, Roast potatoes	Cheese & Onion Wholemeal Puff with potato wedges	Quorn Frankfurter, Chips
Option 3	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato & Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw
Vegetable	House Salad & Peas	Cauliflower & Carrots	Green Beans & Spinach	Broccoli & Carrots	Peas & Baked Beans
Dessert	Jam & Coconut Sponge & Custard	50/50 Pear & Ginger Sponge Vanilla Sauce	Oat Dream Cookie	50% Eves Pudding	Iced Vanilla Sponge