

PSHE Long Term Plan 2018-19

Year	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
7	Transition to Secondary School/ Growth Mindset	Religious Education	First Give	First Give	Jobs/Careers Introduction	Jobs/ Careers Introduction-- Lead up to Kidzania
8	First Give	First Give	8 Fold Path <ul style="list-style-type: none"> • What is Sangha? • What is your community like? • The life of a monk • Understanding the eightfold path • Buddhism & Art: Mandalas 	8 Fold path Cont <ul style="list-style-type: none"> • The purpose of life • Enlightenment • Moral dilemmas • The five moral precepts • Assessment lessons 	Careers & thinking for the future <ul style="list-style-type: none"> • What different careers do you know? • What are the positives/negatives about these jobs? • What do you need to do to get this job? • What can you GCSE options lead you to become? • SMARTER Thinking - setting targets 	Healthy Lifestyle <ul style="list-style-type: none"> • What is a healthy lifestyle? • Balanced diet • Alcohol • Smoking • Drugs and the law

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9	<p>British and World Citizenship</p> <ul style="list-style-type: none"> • Us as People • Religious Believers • Local Citizens • National Citizens • Global Citizens • Multicultural Britain 	<p>Cont...</p> <ul style="list-style-type: none"> • Democracies • Case Study South Africa • Case Study USA • Sex Ed • Consent • Consent and the Law • Right to Withdraw consent • Sexual Images and Technology 	<p>Careers</p> <p>SMART</p> <p>TBC</p>	<p>Careers</p> <p>SMART</p> <p>TBC</p>	<p>The world around us</p> <ul style="list-style-type: none"> • UK system of Government • Electoral System • NHS/ Doctors/ Hospitals • First Aid • Legal System - dealing with complex issues 	<p>Who is God?</p> <ul style="list-style-type: none"> • Arguments for and against • Evil and Suffering (Case studies involved) • Miracles and Revelation
10	<p>Study Skills/Goal Setting</p> <ul style="list-style-type: none"> • Doodle Notes Activity • Stations Activity for Different Study Skills 	<p>What Makes you Human?/Diversity</p> <ul style="list-style-type: none"> • What makes you human? • When does life begin? • Cloning • Attitudes toward elderly • Who will look after me when I'm older • Euthanasia • NHS • Diversity (multiple lessons) 	<p>Sex and Relationships</p> <ul style="list-style-type: none"> • Consent, sex and relationships • Self-harm • STIs • Sexting • Drugs and Consequences 	<p>Careers and Employment</p> <ul style="list-style-type: none"> • Volunteering • Careers and Employment • Employability • Financial Education and Debt • Personal Finance • Workplace Skills • Mock Interviews 	<p>Careers and Employment</p>	<p>STEM-- lead to Thorpe Park</p> <ul style="list-style-type: none"> • Provided by Thorpe Park--- lead up activities for the STEM trip

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11	<p>Revision Overview</p> <ul style="list-style-type: none"> • Best study practices • Revision timetable • Study environment • Thinking hats • Mind maps; acronyms; key words, index cards, rhymes; skimming; scanning 	<p>Three week PSHE pause</p> <ul style="list-style-type: none"> • Pause lessons • PPEs over two weeks <p>Careers</p> <ul style="list-style-type: none"> • work/life/balance • Employability skills • Further education choices 	<p>Careers cont'd</p> <ul style="list-style-type: none"> • CV, LOA preparation • Appropriate dress for interviews • Interview prep • Interviews: FE college, apprenticeships, other 6Fm 	<p>Three week PSHE pause</p> <ul style="list-style-type: none"> • Pause lessons • PPEs over two weeks <p>Future Preparation</p> <ul style="list-style-type: none"> • Finance • Driving, travel & transport • Health & Wellbeing including fitness, eating, mental; physical; emotional & sexual health 	PUBLIC EXAMS	

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6th Form	<p>Life Skills Tutor group carousel:</p> <ul style="list-style-type: none"> • DIY • Taxes & Insurance • First Aid • Cooking • Talking therapies session 1 • Revision timetables 	<p>Mental Health & Wellbeing</p> <ul style="list-style-type: none"> • Talking therapies session 2 • How to maintain mental and emotional wellbeing • The influence of the media on lifestyle • How to make informed decisions: sexual health • Revision: Retrieval Practice and Questioning & Elaboration 	<p>Physical Health & Wellbeing</p> <ul style="list-style-type: none"> • How to maintain physical wellbeing • How to make informed decisions: balanced diet • How to make informed decisions: drugs, alcohol and tobacco • Revision: Concrete Examples and Spaced Practice 	<p>Relationships</p> <ul style="list-style-type: none"> • How to develop and maintain healthy relationships • How to recognise and manage emotions within a range of relationships • Revision: Mindmaps, Flashcards and Mnemonics 	<p>Relationships</p> <ul style="list-style-type: none"> • How to manage unhealthy/negative relationships • Respecting equality and being a productive member of a diverse community • How to make informed choices and be enterprising and ambitious in life, education and work • Rights and responsibilities as active citizens 	<p>Work Experience</p> <ul style="list-style-type: none"> • Updating CVs • Self evaluating • Employer evaluation • Target setting